

# BOB and RO productions

performing in the Studio Theatre, 10th and R Streets, Sacramento, CA

Contact Robert C. Gerould  
Tel. 916-532-0108  
Email: bobgerould@gmail.com

FOR IMMEDIATE RELEASE  
[www.BobandRoProductions.org](http://www.BobandRoProductions.org)

## SELF HELP from those who are not quite qualified

A married couple of second-rate actors cast themselves as nationally renowned self-help gurus in this hilarious farce by Norm Foster, opening in the Studio Theatre on March 12, 2010. The question is, just how far will they go to hold on to their falsely won fame?

Norm Foster has the distinction of being Canada's most produced playwright, and it has been a joy rehearsing this story about two actors and their agent desperately hiding a body in the study while their house is invaded by the police, the press and a maid with a nervous condition. You can find more information on him on the website [www.normfoster.com](http://www.normfoster.com).

Bob and Rosemarie Gerould were first introduced to the show during a one-act competition. One of the competing theatres had just performed the full show and decided to take a chance and cut it down to a one-act and see how they did. In between performances, the cast talked about how much fun they had performing (and how successful it had been). Well, with that kind of positive energy, you gotta do the show, right? Of course right!

Bob and Ro Productions is very happy to present "Self Help" as their second production in the Studio Theatre! If you've ever been in search of a little self improvement, read the books or attended the seminars, you're going to love this funny, funny show!

Bob and Ro Productions presents "Self Help" on Fridays and Saturdays at 8:00 pm, Sundays at 2:00 pm March 12 - April 11, 2010 (there will not be a performance on Sun., April 4). Tickets are \$20 general admission, \$18 seniors and \$15 students, and can be arranged by calling the box office at (877) 532-7171 between 12 pm - 5 pm Tues. - Sat. Tickets can also be purchased at the door. Remember, it's The Studio Theatre, 1028 R St., Sacramento, CA 95811.

###

If you'd like more information about SELF HELP, Bob and Ro Productions, or to schedule an interview with the actors, please call Bob Gerould at 916-532-0108 or e-mail [bobgerould@gmail.com](mailto:bobgerould@gmail.com).